

One Good Spliff

Ziggy Marley

We gon' do our best
Never let it rest
Till our good be better
And our better best

Said, I don't drink coffee
For they say it's just not right for me
But what makes me irie
Is if I could get a little piece of tree

And build one good spliff
(One good spliff)
Me and my little brothers, we take a ride
Gonna teach them
(Gonna teach them)
All those lessons that I have learned in life, well

One good spliff
(One good spliff)
Me and my younger brothers, we take a ride
I've gotta teach them
All the lessons that I've learned in life, well

Oh Lord, sometimes I feel the pressure
But I know that I'll be fine
Just as long as you got me
Something for my mind

Now let me get a rizzla, little bit a herb
Light a old match, let me settle my nerves
I gotta feel real high, just to touch up on these tracks
Several ounces a day as a matter of fact

Now, in Jamaica where the air is clean
And the buds all glisten with the glowing green
Guaranteed to lift you up, if you know what I mean
Read me loud and clear, let me hear you scream

Now, you haven't been there
You should go there soon
And pass through the country
Get a touch of the boom

Go back to your shack or your hotel room
Call mom and pop says, I'll be home soon
Hanging with the Marleys all afternoon
And I ain't coming home till next May or June

Keep giving me the good vibration
It's giving me that inspiration
And I love that good sensation
Matter of fact, I think I might build myself one

One good spliff
(One good spliff)
Me and my younger sisters, we take a ride
One good spliff

(One good spliff)
One good spliff
Start the day out right

One good spliff
(One good spliff)
I didn't get no sleep last night
And I've got to get
One good spliff
(One good spliff)
One good spliff

I'm picking up
(Good vibrations)
I'm picking up
(I'm picking up)
Good vibrations
(Good vibrations)

One good spliff
One good spliff
One good spliff