

# Into The Groove

Ziggy Marley

Into the groove, where we lose ourselves just to find  
who we are  
into the groove, where we get to fly but we need not  
see the sky  
into the groove, where we escape from the surface of  
what we've become  
into the groove, come for the ride

Take the plunge, soak it up like a sponge  
don't be afraid of tonight, everything is gonna be  
alright  
take the plunge, soak me up like a sponge  
don't be afraid of the light, everything is gonna be  
just fine

Into the groove, where love grows to new heights  
into the groove, where the sun disappears but a light  
still shines  
into the groove, surrounded by the waters of desire,  
yeah  
into the groove, come for the ride

Catch the wave, free the slave, emancipate your mind  
cause nothing men do can change this time  
catch the wave (I'm gonna catch the wave), and free  
your slave (I'm gonna free my slave)  
emancipate your mind, hey nothin' they do can change  
this time

Light it up

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Yeah, come for the ride