

## Metamorphosis V: Ascent

Zero Hour

Skin to skin upon the ocean they embrace and sink into  
the sea  
Two became one but one had the notion  
To live for their self and be free  
Up from the depths a force it came the two that were one  
Were now not the same one spread its wings and began to  
fly  
One drifted away and began to die  
Become yourself and all that you are  
Set your sights no matter how far  
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Become yourself and all that you are  
Set your sights no matter how far  
Become yourself