Stayed reading, became the wisest
Breathing exercises through the nose
Back in the days, they didn't want to sign us
Now they gon' have to pay through the nose
A lot of people go straight to the brain or the vein
While some take drugs through the nose
Pretty soon you won't be able to listen to Old Droog
Consume it strictly through the nose

Close the window, it's drafty My man said they gon' name a brand of cocaine after me Old Droog We already brought that uncut I'd fine-tune an already fine tune, I'm a nut Play the game, coach the team, and I'd ref it Saying, forget these rap labels 'bout to be effing with def and They said signing with Droog was a definite But I been in that building, it smells like death in it You smell that? I don't care, let them hear that Be content with the panic, go meditate Plot out planning, then I'm shot out of a cannon On a social media fast, Instagramming famine And haven't looked in the mirror in months There's other flaws to examine Some people get plastic surgery Manifest their insecurities through the nose I mean, just look at Michael Jackson

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As far as rhymes, I'm like The Dream with shot blocks Since we used to say, get your snot box rocked And loud was called piff, only dance to reggae Otherwise I play the wall stiff You saw me on the train, shaking, going through withdrawal Ya Imaginary Droog like Cliff Paul Now I'm sober and the fans got the sniffles y'all With holes in they nasal canal like a wiffle ball Got no hops and I run slow Your Old Droog will be immortalized for keeping it a hund-o Stayed getting robbed, but he bust his gun though Told him "I ain't got it", I left it in El Segundo What's that? That's my wallet Turn signals in the Impala ticking, politicking Kicking it in Gullah Gullah The pretty mamas on the beach frolicking Puffing on that Harlequin

We stayed reading, became the wisest Breathing exercises through the nose Breathing in, I am breathing in for my father
Breathing in, I am a continuation of my father
Breathing out, I smile to my father in me
Breathing in, I feel interested in my in breath
I am breathing out and I feel very light
In my- in my body, father do you feel as light?
Breathing in I smile with my mother inside me
The two of us breathing in together, what great joy
Breathing in together, what great joy