I am thinking about people who hurt you I am thinking of them as of me I still don't know why it is like that I still don't know how to understand

But it is useless
Yes it is normal, yes it's normal
All bad things are coming from problems
From problems destroying us
From problems destroying us too fast
Destroying us too fast

Nobody is bad, and I believe
Only one can hurt you, only one who's sad
It's defense, only defense, against ourselves
Defense of you all

I am thinking about all who are not good Those who destroy other's lives
I still don't know why it is like that
I still don't know how to understand

Nobody is bad, and I believe
Only one can hurt you, only one who's sad
It's defense, only defense, against ourselves
Defense of you all

I suffer cause I cannot help
There is nothing I can do
When these are too many
Perhaps this won't be understood
However I am the same as you
There is nothing I can do

Nobody is bad, and I believe
Only one can hurt you, only one who's sad
It's defense, only defense, against ourselves
Defense of you all