One, two, three One, two, three Ow! Uh! Alright! Uh! Got to know how to Pony Like Bony Moronie Mash Potato Do The Alligator Put your hand on your hips, yeah Let your backbone slip Do the Watusi Like my little Lucy Ow! Uh! Na, na-na na-na Na-na na-na Na-na na-na na-na Na-na na-na Need somebody help me say it one time! Na, na-na na-na Na-na na-na Na-na na-na na-na Na-na na-na Wow! Ow! Uh! You know I feel alright? Hah! Feel pretty good, y'all Uh-hah! Na, na-na na-na Na-na na-na Na-na na-na na-na Na-na na-na C'mon y'all, let's say it one mo' time! Na, na-na na-na Na-na na-na Na-na na-na na-na Na-na na-na Ohh! Dancin' in the alley With Long Tall Sally Twistin' with Lucy Doin' the Watusi Roll over on your back I like it like that Do that Jerk, oh Watch me work, y'all Ow! Do it! Wow! Do it!

Watch me do it Ohh, help me!

Ohh, help me! Ohh, help me! Ohh, help me!