

# I Didn't Know My Own Strength

Whitney Houston

Lost touch with my soul  
I had nowhere to turn, I had nowhere to go  
Lost sight of my dream  
Thought it would be the end of me

I thought I'd never make it through  
I had no hope to hold on to  
I, I thought I would break

I didn't know my own strength  
And I crashed down and I tumbled but I did not crumble  
I got through all the pain  
I didn't know my own strength

Survived my darkest hour, my faith kept me alive  
I picked myself back up, hold my head up high  
I was not built to break  
I didn't know my own strength

Found hope in my heart  
I found the light to life my way out of the dark  
Found all that I need here inside of me

I thought I'd never find my way  
I thought I'd never lift that weight  
I thought I would break

I didn't know my own strength  
And I crashed down and I tumbled but I did not crumble  
I got through all the pain  
I didn't know my own strength

Survived my darkest hour, my faith kept me alive  
I picked myself back up, hold my head up high  
I was not built to break  
I didn't know my own strength

There were so many times I wondered  
How I'd get through the night  
I thought I took all that I could take

I didn't know my own strength  
And I crashed down and I tumbled but I did not crumble  
I got through all the pain  
I didn't know my own strength

My faith kept me alive  
I picked myself back up, I hold my head up high  
I was not built to break  
I didn't know my own strength

I was not built to break, no, no  
I got to know my own strength