Bad habits are ghosts haunting me
A thought that never leaves
From when I wake until I sleep
To seek haven in my dreams
Where I feel I can finally breathe
Forget everything
Away from my reality

Because as long as I stay here I won't face my fears Right now I fear myself And what my heart held

The worst words or warmest heart Self-serving or selfless love The worst words or warmest heart Self-serving or selfless love

I will scream 'til the breath is gone from my lungs I will scream 'til it's gone

I will leave all the rest of  ${\tt my}\ {\tt ghosts}\ {\tt behind}$ 

I will leave them behind

Ghosts haunting me aren't defining me Ghosts taunting me are reminding me

Change the way you act,
Change the way you act, not just the way you think
Change the way you live, live the way you claim
Words are just words, until they're put to work
And it will be actions, not words, that change this earth

Change the way you act Change the way you live

Change (Change)
Change (Change)
Change the way you act, not just the way you think
Not just the way you think, way you think
Change the way you live, live by the words you say
Live by the words you say, words you say

I will scream 'til the breath is gone from my lungs I will scream 'til it's gone
I will leave all the rest of my ghosts behind
I will leave them behind

Change the way you act, not just the way you think
Change the way you live, live the way you claim
Words are just words, until they're put to work
And it will be actions, not words, that change this earth.
(Change the way you live)