I go to the rock Where do I go, When there's nobody else to turn to Who do I talk to, When nobody wants to listen Who do I lean on, When there's no foundation stable I go to the rock I know he's able I go to the rock I go to the rock of my salvation I go to the stone that the builders rejected I run to the mountain and the mountain stands by me When the earth all around me is sinking sand On Christ the solid rock I stand When I need a shelter When I need a friend I go to the rock Where do I go When the storms of life are threating Who do I turn to When the winds of sorrow blow And is there a refuge in the time of Tribulation I go to the rock I know he's able I go to the rock I go to the rock You can go to the rock I go to the rock When the earth all around me is sinking sand On Christ the solid rock I stand When I need a shelter When I need a friend I go to the rock