

## Work Out

Vybz Kartel

Bout exercise  
Me and di gal dem a sexercise  
Stephen  
Every gal waa  
Fuck we (4x)

Cock it and bruk we  
Every gal waa  
Fuck we (4x)

Cock it and bruk we  
Frontway and backway  
Fuck we (3x)

Cock it and bruk we  
Every gal waa  
Fuck we (4x)

Sexercise time

Come cock up  
U left foot now gal

Cock up  
U right foot now gal

Open it  
Like a book now gal

And tip pon u 2 foot  
Fi d jook now gal

Wen u feel it go in  
Slide to the left

Then quint di pussy  
Slide to d right

No 69  
No kriscross

U can kiss it  
But watch u lip gloss

Gal, sexercising  
Wen cocky rising  
Work out  
(2x)

Gal a mek noise in a my gym  
Gal alone  
Me nah invite no hydrin

Old woman, young gal d teacha obliging  
In a my gym  
Fatty get slim wen she want to

Slim gal pussy get di grip that it ought to  
Granny look young like somebody fi talk to  
Like 18 year old

Gal

Set like plane a tek off  
U crash land  
No bother drop this time

Pussy fi warm up  
Before practise time  
A nuh backshot today

Back flick this time  
Chaw chaw which part?  
That nah go work

Wen me sexercise  
ME SEH IT NAH GO WORK  
Mr Seed dig it first

But all wen fi him gal buk me  
She seh she waa  
Fuck we (4x)

Cock it up and bruk we  
Every gal waa  
Fuck we (4x)

Cock it and bruk we  
Frontway and backway  
Fuck we (3x)

Cock it and bruk we  
Every gal waa  
Fuck we (4x)

Sexercise time

Come cock up  
U left foot now gal

Cock up  
U right foot now gal  
Open it

Like a book now gal  
And tip pon u 2 foot  
Fi d jook now gal

Wen u feel it go in  
Slide to the left  
Then quint di pussy

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No 69  
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Sexercise time

BABY