

Praying for myself  
These thoughts I try to hide  
I have faith in me and hope this will survive  
But it's tearing me apart  
I can't hear the words by which I guide  
So I must ask again, who will carry me

I can not deny that nothing can defend  
From the helplessness that's cutting deep inside  
And I can't prevent the thought that nothing's real  
Seems I've waited years for this day to end

The strength I need to feel, the pride inside of me  
Are not there behind the face staring back at me  
The anger and the pain of knowing where I am  
I have come so far and I cannot return

Nothing I can do that I have not done  
No words I can say. No truth left that I can see  
So must I let this end, and everything falls apart  
Before I live my life as I have always done

Tell me what to do so I do nothing wrong  
Something I can hope for. Something real that I can see  
So nothing falls apart. So this does not end  
I cannot return. I can't start again

Nothing to deny, nothing to defend  
From the helplessness, it's cutting me so deep inside  
And I can't prevent the thought that's nothing's real  
It seems I'm waiting years for this day to end

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