

# Emotional Rollercoaster

Vivian Green

Last night I cried, tossed and turned  
Woke up with dry eyes  
My mind was racing, feet were pacing  
Lord, help me please, tell me what I have gotten into

Ran my three miles to clear my mind  
It always helps me out  
It's my therapy when I'm losin' it  
Which is usually, hey

I'm on an emotional rollercoaster  
Lovin' you ain't nothin' healthy  
Lovin' you was never good for me (For me)  
But I can't get off

This emotional rollercoaster  
Lovin' you ain't nothin' healthy  
Lovin' you was never good for me (For me, oh)  
But I can't get off

Yesterday I told myself  
I was gonna be okay  
Gonna start a new day, truly happy  
I was gonna take control of me

But eventually reality hit me  
Mentally, physically, emotionally  
And I opened my eyes and realized  
That I was still bein' taken for a constant ride on  
your

I'm on an emotional rollercoaster (Ooh, baby)  
Lovin' you ain't nothin' healthy (For real, it's never  
healthy for me)  
Lovin' you was never good for me (Oh, but I can't get)  
But I can't get off (Ooh...ooh...baby...)

Emotional rollercoaster (You got me goin' up and down)  
Lovin' you ain't nothin' healthy (Oh)  
Lovin' you was never good for me (Never good for me,  
ah)  
But I can't get off

So tired of you makin' love to me  
Then disappearing so suddenly  
Up and down it goes  
And I'm so tired of you pacifyin' me  
With promises you know that you'll never keep  
Round and round it goes, I am on a

I'm on an emotional rollercoaster (Oh)  
Lovin' you ain't nothin' healthy (Ooh, ain't nothin'  
healthy ?bout it, baby)  
Lovin' you was never good for me (Nothin' healthy  
?bout it, baby)  
But I can't get off (Oh, oh)

Emotional rollercoaster  
Lovin' you ain't nothin' healthy  
Lovin' you was never good for me  
But I can't get off