

## Fast Train

Van Morrison

Well you've been on a fast train and it's going off the rails  
And you can't come back can't come back together again  
And you start breaking down  
In the pouring rain  
Well you've been on a fast train

When your lover has gone away don't it make you feel so sad  
And you go on a journey way into the land  
And you start breaking down  
Cause you're under the strain  
And you jump on a fast train

You had to go on the lam you stepped into no-man's land  
Ain't nobody here on your waveband  
Ain't nobody gonna give you a helping hand  
And you start breaking down  
And just go into the sound  
When you hear that fast train

And you keep moving on to the sound of the wheels  
And deep inside your heart you really know oh, just how it feels  
And you start breaking down and go into the pain  
Keep on moving on a fast train

You're way over the line next thing you're out of your mind  
And you're out of your depth in through the window she crept  
Oh there's nowhere to go in the sleet and the snow  
Just keep on moving on a fast train

You had to go on the lam stepping in no-man's land  
Ain't nobody here on your waveband  
Nobody even gonna lend you a helping hand  
Oh and you're so alone can you really make it on your own  
Keep on moving on a fast train

Oh going nowhere, except on a fast train  
Oh trying to get away from the past  
Oh keep on moving keep on moving on a fast train  
Going nowhere, across the desert sand, through the barren waste  
On a fast train going nowhere  
On a fast train going nowhere