Yeah, ay yo 2000 it's us Yo, it's time to U-Turn Ya heard me? You're either with us - or against us, yo

It's been some years now
Since we hit the floor to get down
We always had a step to go with the sound
Now everybody wanna sit around, drink and ball
Remember, the snake
And how the floor used to clear
And everybody would break
What's crunk now used to be called getting to it
We're bringing it all back
This is how we do it, just

Put your hands up, bend your knees
Bounce around in a circle, get down with me
Oh come on, come on
It's not hard to learn
Come on, come on
It's called the U-Turn

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In the 80s, fresh was the talk
MJ had everybody doing the moonwalk
In the 90s, I had a high flat top
Doing the wop, Pee Wee to the Reebok
I can't forget about my high school days
The sound was Bobby Brown
The dance was the running man
Now everybody wanna push Bentley's
The year is 2 - everybody do the U-Turn

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All you need to do is let go Let the tempo take over you I came to have a good time Let the rhythm deep iside your soul Let it lead you to the floor, whoa

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