## In Regards to Myself

Underoath

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Wake up! Wake up! My God!
This is not a test!
And it's not too late to come clean
Get it off your chest
So steady your hand before your face and concentrate
There's got to be some stable ground
Left to walk on
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So tear another page from the book Are you asleep or just alone? Clear this room from your lungs

Pull yourself together Pull yourself together, man Pull yourself together Pull yourself together

On your back, You're sleeping in a bed of shame Let the light breath some new life into this room It's what keeps you coming back Made up of insatiable taste Bury your head in your hands And sing into yourself

Oh!

Just what are you so afraid of? What are you so afraid of? You're staring truth in the face So come on down What are you so afraid of?

You're busy living now, aren't you? You're busy making vows You're coming unglued

Time is shorter than you know I know the light is blinding to the naked eye So why don't you take steps away from being alone? I swear, it's not too late for you

It's all worth reaching for It's all worth reaching for It's all worth reaching for The hand to pull you out It's all worth reaching for The hand to pull you out

Wake up! Wake up! Wake up! And step outside your box Wake up!