

Falling Again

Ugly Duckling

I can't help falling again here I go, and I know
I can't help falling again here I go, and I know

I said I wasn't gonna do it and then
I went right out and did it, lookin stupid again
And it's no surprise, I've failed before
Just another encore on my way to the floor
Don't ask me why, I can't explain
How I keep spiraling down the drain
I guess it's the way I tend to cope with the pain
To stay oblivious while I soak in the rain
And man, I thought I had it all under control
That no one could know
That I had ever sunken so low
But then I saw a look get locked in your eye
And I knew I was hooked and caught in my lie
So if I have to I'll cry some tears
And tell everybody what they'd like to hear
But my whole world's caving in on me
Trapped and I can barely breathe

As I lay awake at night and watch
The clock and shake and fight the pain
And try in vain to stop when I know

I can't help falling again, there I go
Saying it's the last time when I know
I'll just keep falling again, no control
So I'm reaching up to you cause I know
I know, I know, I know, I know
I know, I know, I know, I know

It's another case of deja vu
While you wait around hoping my mistakes are through
I just tell myself that it's no big deal
And never stop to think how it makes you feel
As I'm lookin for a quick fix to restore my fitness
I'm listless and can't make any commitments
No ability to stayed relaxed
I spent fast, now I'm paying the tax
Plus I've got an itch that I just can't scratch
When you slip through the cracks it's hard to come back
But still I keep trying to get on my feet
Everybody's sure that I'm in too deep
And please, I really wish the rumors would stop
The things people tend to say and do when they talk
So loose and free and accusingly
I think of how it used to be

As I lay awake at night and watch
The clock and shake and fight the pain
And try in vain to stop when I know

I can't help falling again here I go, and I know
I can't help falling again here I go, and I know
I can't help falling again here I go, and I know