Now you're lonely Feeling strained Friends just talking Walking away He don't even smile at you And you don't want Another day Then you end up With seven years Seven years In one night Sit in your chair You sit and stare Think about moving But you don't do it 'Cause thinking about it Is just enough You start dreaming Your eyes wide open After a while You open your eyes Realize you ain't been sleeping 'Cause seven years have just gone by Seven years in one night Seven years in one night