Sinking With nothing left to hold When you've lost your old friends You'll be out in the cold Cause you can't hear What I'm getting across Every time I see you fall I know that' you're lost it hurts To see you hurt yourself But you won't listen So I can't help it hurts To lose a good friends But everything in life Has an end I see where you're headed But I stand helpless All the efforts I've made Look so useless You're chained To the crumbling ground below But I still care And got to let you know it hurts To see you hurt yourself If you'd start listening Then I could help it hurts But your wounds will heal Believe me, I know how it feels to lose