

Still Frame

Trapt

Please help me 'cause I'm breaking down, this pictures frozen a
nd i cant get out
Please help me 'cause I'm breaking down, this pictures frozen a
nd I cant get out of here
Believe me, I'm just as lost as you
an every time I think ive finally made it
I learn I'm farther away than I have ever been before
I see the clock and its ticking away, and the hourglass empty
What the F***do I have to say
Please help me 'cause I'm breaking down, this pictures frozen a
nd I cant get out
Please help me 'cause I'm breaking down, this pictures frozen a
nd I cant get out of here
Release me, I'm just as lost as you
Believe me, I'm just as lost as you
Keep it inside, the image portrayed
As if I couldnt stand losing as if I couldn't be saved, no way
A small confession I think I'm starting to lose it
I think I'm drifting away from the people I really need
A small reflection on when we were younger
We had it all figured out 'cause we had everything covered
Now were older its getting harder to see
What this future will hold for us, what the F*** are we going t
o be?
Please help me 'cause I'm breaking down, this pictures frozen a
nd I cant get out
Please help me 'cause I'm breaking down, this pictures frozen a
nd I cant get out of here
Release me, I'm just as lost as you
Believe me, I'm just as lost as you
So lost, I'm just as lost as you
Oh well what am I going to do
I'm afraid I'm falling farther away (from where I want to be)
Please help me 'cause I'm breaking down, this pictures frozen a
nd I cant get out
Please help me 'cause I'm breaking down, this pictures frozen a
nd I cant get out of here
Release me, I'm just as lost as you
Believe me, I'm just as lost as you