```
All you girls think the days are gone
You don't have to worry, you can have your fun
Take me, baby, for your little boy
Because I'm two hundred pounds of heavenly joy
This is it
This is it
Look what you get
You been creeping and hiding behind his back
'Cause you got a man that you don't like
Throw that Jack, baby, outta your mind
And follow me, baby, have a real good time
This is it
This is it
Look what you get
Hoy! Hoy! I'm your boy
I'm two hundred pounds of heavenly joy
And I'm so glad that you understand
That I'm two hundred pounds of muscle and man
This is it
This is it
Look what you get
This is it
This is it
Look what you get
This is it
```

This is it

Look what you get