

## Healing, Part I

Todd Rundgren

Listen, listen  
Listen to the voice,  
The voice is an illusion  
Listen to the voice,  
Don't let the words confuse you  
'cause you need something to concentrate on,  
Concentrate on me  
You need something to meditate on,  
Meditate on me

Listen, listen  
Listen to your heart  
Tune into the rhythm  
Listen to your heart  
Beating with precision  
Like the waves upon the seaside,  
It goes on and on  
Like the spinning of the world,  
It goes on and on

Listen, listen  
Listen for the sound  
That is not in the music  
Only you can hear it,  
Only you can use it  
It's the sound of someone breathing,  
It's the breath of life  
It's the sound that you are weaving  
With the thread of life

Listen, listen  
Listen to the sound,  
Let nothing disturb you  
You are in a place  
Where nothing can hurt you  
If you feel a strange sensation,  
It can do no harm  
Like the spiral of creation,  
It will soon move on