We're livin' in extreme days Comin' at ya like a whirlwind A hundred miles an hour's where we'll begin I spy the eye of apprehension Show me risk and you'll get my attention Come on, can ya take it Bang to the bip I make ya wanna flip Take my trip and you can bust your lip I never fear 'cause I live fearless Don't even think for a second you can get with this Come on, I never fake it, come on These are extreme, extreme days We're livin' in extreme days These are extreme, extreme days We're livin' in extreme days I'm a freak from the burbs of the chocolate city Luther Jackson was my middle Pine Ridge my elementary School of hip hop 1979 And Sugar Hill had the skills that taught me to rhyme Got hip to Kiss and I tripped on Zeppelin So Mr. Therapist, "Why did I go this direction?" God had a plan to end all my schemes I had a dream He said to be ... extreme [CHORUS] Just the other day I saw a kid Who flipped his hat to the back and he called it a lid You know what else he did? He stacked books from the floor to ceiling Said somethin' bout trying to get to heaven And he was only eleven So he climbed to the top with outstretched arms And he screamed at the top of his lungs Move out my way Give up the mic "X" to me is extremely Christ Livin up in me Like it or not Put an "X" on my chest 'Cause X marks the spot