## **Holding A Heart**

## **Toby Lightman**

Breathe in, hold it hold it Go on, begin To let go, cause there's no Reason

I'm turning myself Into somebody else Calm down, calm down, calm down

I'm holding a heart here in my hand Hey, hey, hey My own work of art here where I stand Hey, hey, hey

Give in, its so hard to start Live in my skin The bruises are useless Against it

I'll try all I can To find a soft place to land Calm down, calm down, calm down

I'm holding a heart here in my hand Hey, hey, hey My own work of art here where I stand Hey, hey, hey

Stand up straight, hey Stand up straight, hey Stand up straight, hey, hey Stand up straight, hey, hey Breathe in, hold it

I'm holding a heart here in my hand Hey, hey, hey My own work of art here where I stand Hey, hey, hey Hey, hey, hey