

## Holding A Heart

Toby Lightman

Breathe in, hold it hold it  
Go on, begin  
To let go, cause there's no  
Reason

I'm turning myself  
Into somebody else  
Calm down, calm down, calm down

I'm holding a heart here in my hand  
Hey, hey, hey  
My own work of art here where I stand  
Hey, hey, hey

Give in, its so hard to start  
Live in my skin  
The bruises are useless  
Against it

I'll try all I can  
To find a soft place to land  
Calm down, calm down, calm down

I'm holding a heart here in my hand  
Hey, hey, hey  
My own work of art here where I stand  
Hey, hey, hey

Stand up straight, hey  
Stand up straight, hey  
Stand up straight, hey, hey  
Stand up straight, hey, hey  
Breathe in, hold it

I'm holding a heart here in my hand  
Hey, hey, hey  
My own work of art here where I stand  
Hey, hey, hey  
Hey, hey, hey, hey