When the day is long, and the night,
The night is yours alone,
When you're sure you've had enough of this life,
Well hang on
Don't let yourself go,
'Cause everybody cries
And everybody hurts
Sometimes

Sometimes everything is wrong Now it's time to sing along Hold on, hold on

When your day is night alone, If you feel like letting go

When you think you've had too much of this life, Well hang on

'Cause everybody hurts.
Take comfort in your friends
Everybody hurts.
Don't throw your hand, Oh, no
Don't throw your hand
If you feel like you're alone,
No, no, no, you are not alone

If you're on your own in this life,
The days and nights are long,
When you think you've had too much of this life
To hang on

Well, everybody hurts sometimes,
Everybody cries.
And everybody hurts
Sometimes
And everybody hurts sometimes.
So, hold on, hold on thought burts.
You are not alone