## **Remember To Forget**

Here I stand unsteady Dignity in hand Trapped inside a vacuum Hostage in wonderland I try to run slipping & sliding Stumbling blindly off the cliff What if - adrift - I can't get back Numb I can't understand what's been done By the other hand This is now it's not the same The anguish calls to stake it's claim Sharp in relief time creeps on by

I try to make my peace With what is & what might be Home in another time Memories persist without rhyme Sounds trigger thoughts trigger pain Whispers of doubt still remain Clinging to regret I struggle to resist Scars that won't forgive Can't I remember to forget?

Paranoia building a wall Naive misconceptions Feeding a future I cannot recall Chaos as I think & feel Groping blind for the truths that I conceal Allalone upon my throne Intentions fail to lift the stone Wear the badge of resentment proud

I try to make my peace With what is & what might be Home in another time Safe & secure of some things I could be assured

Walk the slippery slope of the past I choose to dress up my burden Call it salvation as it drags me down

I try to make my peace With what is & what might be Home in another time Memories persist without rhyme Sounds trigger thoughts trigger pain Whispers of doubts still remain

Shackles rust as I release the past Free from bitterness Without looking back I can Remember to forget