

## Seize The Day

Thumb

Don't know what it is, but I know that it 's somewhere inside o  
f my head

Don't know what it looks like, only know that it is driving me  
mad

Whatever the cause, whatever the reason for it to be in me, may  
be I'll be like this until eternity

I couldn't let go of it however hard I might have tried,

I couldn't get any control of it though I try to fight these th  
oughts in my head they're only driving me mad,

I never see the good, I only see the bad

I've gotta seize the day, so I can feel it!

I've gotta seize the day, so I'll feel it, I feel it, I'll feel  
it!

Don't know what I want, but I know that what I want is hard to  
get

Don't know what I have but I know what I would rather have inst  
ead,

Whenever I feel this way I hate myself 'cause I can't see,

Today is my day how happy I should be

I couldn't let go of it, however hard I might have tried,

I couldn't get any control of it though I try to fight

I'm locked up in my head, I think I'd rather be dead,

I never see the good, I only see the bad

I gotta know if this is real,

I gotta care for what I feel, 'cause what I am and who I'll be,

It's all my fault, it's up to me!