

# The Only Thing

## Throwdown

this is the only thing. the one thing. the only thing. i breathe it in. breathe it out. give it back what it gave me. this is the only thing. the one thing. the only thing. i breathe it in breathe it out. give it back what it gave me. this is the only fucking thing. that is here for me every single day. and the feeling's still just as strong. just as strong. this is the only thing. the one thing. the only thing. i breathe it in. breathe it out. give it back what it gave me and i found myself. and what's best for me. to my own.