

## Step It Up

### Throwdown

step it up. sometimes i see me. beneath me. deceiving. deceive  
my self. keeps me  
from believing. believe in yourself. step it up. believe in you  
rself. losing touch.  
i lost my way. loss for words. without a thing to say. losing t  
ouch. i lost my way.  
but i'll try again. step it up.