

## Family

### Throwdown

This is a family, I count on you, you count on me. Help each other put your arms around your brother. Help your sister trying hard as any other. Go! GO, GO THE DISTANCE! TRUE, GO THE DISTANCE! This brotherhood can't live without you. It takes a strong heart to go the distance true. True, go the distance true. This hardcore scene can't live without you. It takes a strong heart to go the distance true. THIS IS A FAMILY. I COUNT ON YOU. YOU COUNT ON ME.