

## Moment of the Day

## Thousand Foot Krutch

The hurt is washed away  
But still here I am  
In the middle of it all  
With heavy hands  
And I try so hard, yeah  
Just to leave behind me  
All the chains that bind me.

Won't back down  
Won't turn my head around  
Quick take a recess  
Oops, take another breath  
Guess who, whose you, better take another clue  
Find out all about just don't doubt  
Just don't doubt

And I won't be lost in  
These watered down dreams  
So 'round me you won't be caught up  
In the moment of the day, yeah  
I won't be lost in  
These watered down dreams  
So 'round me you won't be caught up  
In the moment of the day, yeah, alright

The hurt is washed away  
Still here I am  
In the middle of it all  
With heavy hands  
And I try so hard, yeah  
Just to leave behind me  
All the chains that bind me

Won't back down  
Won't turn my head around  
Quick take a recess  
Oops, take another breath  
Guess who, whose you, better take another clue  
Find out all about just don't doubt  
Just don't doubt, c'mon

And I won't be lost in  
These watered down dreams  
So 'round me you won't be caught up  
In the moment of the day, yeah  
I won't be lost in  
These watered down dreams  
So 'round me you won't be caught up  
In the moment of the day, yeah, alright