

## The Pain I Feel

### Those Who Fear

The pain I felt was all too real  
When will we learn from our mistakes  
How much time must we spend at the bottom of this pit  
From which we cannot escape  
When will we learn from our mistakes  
How will I escape this prison  
In which I find myself trapped once again  
Oh, God  
Free me from myself  
I am my own worst enemy  
Help me free me from myself  
Tortured by what is inside of me  
Help me free me from myself  
I have built my own prison  
Help me tear down these walls that keep me here  
The pain I felt was all too real  
Help me free me from myself  
I am my own worst enemy  
Help me free me from myself  
Tortured by what is inside of me  
Help me free me from myself  
I have built my own prison  
Help me escape my own prison  
The pain I felt was all too real