

Slow down, please, slow down
I need to find peace anywhere in me
I feel like I'm under water, struggling to get air
I feel like I'm lost in this body, trying to get inside my head

I wanna know what I'm thinking, what I'm feeling
What I want my life to be
I wanna know how I like plan to make things easier
For everyone but me

Tell me, please, tell me
What to do now, now that I know myself
Do you really think I could rely on this new person I have become
Do you really think I give a damn now that I can do whatever I want

Now I know what I'm thinking, what I'm feeling
What I want my life to be
Now know how I like to make things easier
For everyone including me