This is the Body and this is the Blood Broken and poured out for all of us And in this communion we share in His love This is the Body and this is the Blood Well, I will remember everything, Lord That You've done for me, I won't take for granted The sacrifice that set me free, well I hunger And thirst for Your love, come fill me today This is the Body and this is the Blood Broken and poured out for all of us And in this communion we share in His love This is the Body and this is the Blood We hunger and thirst for Your love And Your righteousness We long for Your presence here, Lord Be with us again This is the Body and this is the Blood Broken and poured out for all of us And in this communion we share in His love This is the body, yeah this is the blood This is the body and this is the blood Broken and poured out for all of us And in this communion we share in His love This is the Body, yeah and this is the Blood This is the Body, this is the Blood This is the Body, this is the Blood