

## Insecurity

Therapy?

There I purge my eyes  
I've been sleeping lights  
Focused on the negative  
Drinking every night

Insecurity  
Insecurity

I've been unanchored all of the days  
Everything I know fading away

Crippled by anxiety  
I lash out at my friends  
Regnant ideas bloom inside  
Thoughts of never rest

Insecurity  
Insecurity

I've been unanchored all of the days  
Everything I know fading away

I based my hope and value  
On all the wrong things  
Now everything's belittled  
And nothing has a taste

It hasn't changed in decades  
The spirit's never left  
I wake it by it's screaming  
With a devil on my chest

Insecurity  
Insecurity  
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Insecurity

I've been unanchored all of the days  
Everything I know fading away