```
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
Hey, do the Captain's wavy walk
Wavy, wavy walk
Hey, do the Captain's wavy walk
Wavy, wavy walk
(Instrumental break)
Got to get our bodies moving
Got to get our bodies moving
Got to get our bodies, got to get our bodies
Got to get our bodies, moving, moving, moving
Hey, do the Captain's wavy walk
Wavy, wavy walk
Hey, do the Captain's wavy walk
Wavy, wavy walk
(Instrumental break)
Got to get our bodies moving
Got to get our bodies moving
Got to get our bodies, got to get our bodies
Got to get our bodies, moving, moving, moving
Hey, do the Captain's wavy walk
Wavy, wavy walk
Hey, do the Captain's wavy walk
Wavy, wavy walk
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
Hey, do the Captain's wavy walk
Wavy, wavy walk
Hey, do the Captain's wavy walk
Wavy, wavy walk
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
Bo, bo, bo, bo,
Bo, bo, bo, bo, bow
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