Theirs something I should get off my chest I'm losing my mind and my life's a mess. Well everyone says do this and do that Maybe they're right I feel like I'm gonna..... EXPLODE.. I'M GONNA EXPLODE It is so big yet I feel so small It's even in your shopping mall Is my life wasting away Don't throw it away that's what they say I don't wanna go out and fail Yet I fail at home every day I wonder someday if I'll look back With regrets on how I lived Each way I turn I turn my back Each time I turn I always look back I'm trying to please everyone I don't know how I feel like I'm gonna..... EXPLODE.. I'M GONNA EXPLODE What should I do I really don't know Should I stay home or should I go Well I'm struggling with my sanity Is my life crumbling in front of me. Oh. Do you know how it feels? To feel like your gonna explode Do you ever feel Like your gonna explode. EXPLODE.