

## Monday Morning

The Tossers

I sit alone  
I drink alone  
I was born alone  
I'll die alone  
I dream alone  
I heal alone  
I exist alone  
And maybe now that's a lot of alone to put up with

But I like drinking on a Monday mornin'  
Tuesday, Wednesday, Thursday too  
Friday, Saturday, Sunday mornin'  
Monday morning start anew

Well I been mistreated so my damaged self image  
Is what I learned when I believed that what was said was true  
Try harder, ya punk, you're an idle underachiever  
Maybe so but I'll spite you now I've somethin' to prove  
I've taken every behavior and identity on  
Because I surely learned to be ashamed of my own  
But aggression's not conflict resolution  
Even though family, government, society and wrestling tell ya s  
o

Well there's life outside school and your parents garden  
So let go of how you learned your defences that way  
It's probably you who's being selfish  
No one has to stay with you when that's what you say  
You take your anxieties out on other people  
When you feel their behavior isn't true to you  
And chemically on yourself when your damaged self image  
Adheres to MacGowan's philosophy and other men's truths

Learning to let go of ideals and other people should be a virtu  
e  
Instead of torturing other for life  
Never learning, never open, 'cause you've all these conclusions  
Just 'cause it didn't work for your parents  
No need to force it to work with your wife  
Well no one can make me happy or see my side  
Cause the anxiety's internal that makes us sad  
So reassess addiction to chemicals and chronic wankin'  
Well if that's what makes me happy then I've always been sad