

## I Let It Go

### The Thermals

I was lost, I was hurt,  
I was trapped out at sea..  
I was swimming in circles of circles  
in the last place I wanted to be.

I was holding on to a love I knew so long  
I thought it must be keeping me afloat  
Only when I was down,  
Only when I was drowning..  
did I finally see your hands on my throat

I looked my fear in the eyes!  
Looked at the water below!  
I knew I could love or live!  
I let it go!  
I let it go!

I walked in the dark, I walked in the rain  
I walked for miles and miles and years,  
and all I knew was heartache and pain..

I was weighted with the hate I held so long  
I thought it must be guiding me home..  
Only when I was lost, only when I was crossed  
did I finally see it left me all alone.

I looked my fear in the eyes!  
Looked at the cold ground below!  
I knew I could love or die!  
I let it go!  
I let it go!

Four on the floor!  
Two in the air!  
Out of the sand, out of the sky!  
Into the flow!