I Let It Go

The Thermals

I was lost, I was hurt,
I was trapped out at sea..
I was swimming in circles of circles
in the last place I wanted to be.

I was holding on to a love I knew so long
I thought it must be keeping me afloat
Only when I was down,
Only when I was drowning..
did I finally see your hands on my throat

I looked my fear in the eyes!
Looked at the water below!
I knew I could love or live!
I let it go!
I let it go!

I walked in the dark, I walked in the rain
I walked for miles and miles and years,
and all I knew was heartache and pain..

I was weighted with the hate I held so long
I thought it must be guiding me home..
Only when I was lost, only when I was crossed
did I finally see it left me all alone.

I looked my fear in the eyes!
Looked at the cold ground below!
I knew I could love or die!
I let it go!
I let it go!

Four on the floor!
Two in the air!
Out of the sand, out of the sky!
Into the flow!