Step off the train tracks
Get out da way
Sometimes you gotta take a step back
Sometimes you got to wait
Take a different path
To get to the same place
So when the music stops
We're all the same

Take a little time,
Maybe take a little something
Take a vacation from your mind
It's not the best, but it's better than nothing
It's a reflection of the time

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Look at what you got, instead of what you don't Look at what's ahead and not behind Look at all the ones that will never see tomorrow And be happy that you're alive

The peaks and the valleys
The highs and the lows
It's just the movement of the tides
Back and forth, push and shove
It's just the ebb and flow
Just don't get left behind

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