

one track minded you
bad habits are killing you
reaching out cause you need a friend
keep coming up with the same old problems

you keep running into the same old walls
you want to climb over
but you're scared you'll fall
you're reaching out cause you need a friend
but next time i see you
will it happen again

i'm out of sympathy
i already know your promises are empty
gonna try to help you find your way
gonna try again to make you change
i don't know why i try
cause it's the same old story everytime and
now it's clear to me what you really are

so quick to point the finger
for the mistakes you made
you think you've got the answers
the only thing you've got are problems

you keep telling me
you've got nothing to lose
maybe that's because you just lost it all
you want to tell me different
but that's something that i've heard before

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i already know your promises are empty
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i don't know why i try
cause it's the same old story everytime and
now it's clear to me what you really are
hey!