Oh my love we gotta save ourselves
If we wanna safe the world
Don't give in to your hate
When you know you can change
It's hitting home when you feel so strange
I wanna say those words
But it's not that easy
I smile but it doesn't make things right
And it's hard when it's hurting all the time
But I can leave this thing behind

You gotta trust me and hold on
We gotta slow down baby
'cuz were still young
But we are getting older
Are hearts are still warm
But they are getting colder
And this life is getting the best of me
And I'm down on my knees oh please
But baby hold on

Keep your head up high
Reach for me I can pretend when it's a lie
Talk to me when you're low
Come bother me I promise I won't tell a soul
And we can turn this corner no it's not that easy
But were fools not to give it a try
And it's hard when it's hurting all the time
But I can leave this thing behind

You gotta trust me and hold on
We gotta slow down baby
'cuz were still young
But we are getting older
Are hearts are still warm
But they are getting colder
And this life is getting the best of me
And I'm down on my knees oh please
But baby hold on

When I see the stars above me Shining their light down on my face I feel you Now I know what I'm missing

Hold on we gotta slow down baby
'cuz were still young
But we are getting older
Are hearts are still warm
But they are getting colder
And this life is getting the best of me
And gets me down on my knees
Hey please ... baby hold on