

## In a Rut

### The Ruts

If you're in a rut, you gotta get out of it  
Out of it, out of it, out of it, out of it  
I can't concentrate  
I'm in a state  
I don't feel straight  
I can't love or hate  
Don't take that ride  
To suicide  
You cut your wrist  
You tried and missed  
Ch:  
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