

My Old Ways

The Plot in You

Trapped in my old ways can't seem to break free from anything
Cause this is all I've ever known and I'm afraid it wont let me go

Drug you down took you away from everyone that ever loved you
Fooled the crowd and made me believe that I was real
But you always knew

I know I'm late, but I hope you know
To kill to keep you safe
If you love me then I beg that you just leave
Forget my name

Trapped in my old ways can't seem to break free from anything
Cause this is all I've ever known and I'm afraid it wont let me go
Let me go
And I'm afraid it wont let me go
Let me go
And I'm afraid it wont let me go

All the pills
All the money
All the pain
Living consequences breathing
Just to take the blame
I was wrong, I was wrong
I can see so clearly
Made myself look like a fool
And now you only fear me

Fighting the change God only knows I've been living in agony
I pushed you all away and

I'm trapped in my old ways can't seem to break freedom anything
Cus this is all that I've ever known and I'm afraid it wont let me go
Let me go
And I'm afraid it wont let me go
Let me go
And I'm afraid it wont let me go
Just let me go

Itching scratching my blood so thin the fucking ceiling spins
It's clouding every night thought and stripping
Everything away from me and crawling desperately
It's got me trapped and I've been living in agony

Trapped in my old ways can't seem to break free from anything
Cause this is all I've ever known and I'm afraid it wont let me go
Let me go
I'm afraid it won't let me go
Let me go
I'm afraid it won't let me go
Let me go, let me go