

Slow Down

The Methadones

I've got too much going on and I don't know what to do.
The pace is getting frantic, everything is falling through.
I'm way over my head and the load is way too much to bear.
I brought it all upon myself.
I still keep going on moving as fast as I can.
Can't stop to pick up the pieces try to fill every demand.
Moving twenty directions simultaneously.
I lost my ehad along the way.

Slow down.