The Gift

Move, move, I've got the gift of life Can't you see it in the twinkle of my eye I can't stand up and I can't sit down I gotta keep movin', I gotta keep movin'

All the time that gets wasted hating Why don't you move together And make your heart feel better

Groove, groove to the beat of this drum Feel it in the wind and the warmth of the sun Don't sit down and don't stand up Keep on movin', keep on movin'

Think of the future and make it grow Why don't you move together And make your heart feel better

Take a pinch of white and pinch of black Mix it together and make a movin' flavor

Take a pinch of white and pinch of black Tell you move together And make your heart feel better

Move, move, we got the gift of life Go and shout it from your roof mountain top Give it to me once and give it to me twice We gotta keep movin', we gotta keep movin'

The Jam