

Familiar as I may seem  
I wish I had never been here before  
The re-occurring pattern of dysfunctional  
The power and control  
It's not as if I'm new to any of this  
But I wish there was a way  
To reach your inside  
And set you free

And so it stays unseen  
Under the surface  
Right out of touch  
Right out of reach  
And so it stays unseen  
Until we shine the light of truthful loving trust  
It's never going to change

You were the one  
I was supposed to turn to  
When I need someone  
And I realize that I'm powerless  
But at least I'm not alone  
So turn your screws on any which way  
Cause I'm not playing along  
You carry this like a trophy  
When you could have been so strong  
But I am not the one to judge you anymore  
I promise you

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