

Familiar as I may seem
I wish I had never been here before
The re-occurring pattern of dysfunctional
The power and control
It's not as if I'm new to any of this
But I wish there was a way
To reach your inside
And set you free

And so it stays unseen
Under the surface
Right out of touch
Right out of reach
And so it stays unseen
Until we shine the light of truthful loving trust
It's never going to change

You were the one
I was supposed to turn to
When I need someone
And I realize that I'm powerless
But at least I'm not alone
So turn your screws on any which way
Cause I'm not playing along
You carry this like a trophy
When you could have been so strong
But I am not the one to judge you anymore
I promise you

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