

## The Breathing Method

The Get Up Kids

Made a grave mistake  
An all too common place  
not the first time back again  
it's obvious the risks  
outweigh the benefits  
should have used our heads  
couldn't happen to me  
no  
there's no safe hiding place in thinking you're immune  
you're not immune  
watch advantages pass  
abrasive, difficult regret  
I was  
can you conceive that I hate you  
I can barely make the rent  
you are  
that a word as strong as hate can describe the way I feel  
we were  
and in the end there is another  
nothing  
a product of you  
but you come back fine  
you came back  
nothing at all  
I won't hide or turn back  
I'll take responsible  
I won't let mine be a mistake