## **The Weekend Whip**

It's time for training and we're getting startedit's on, you know and we wanna see you whip and shout it we rock, you roll. they say, go slow and everything just stands so still we say, go go! we're ready for the fight, we know the drill Monday morning and we feel defeated, seems so long ago Tuesday's comin' we just keep on beatin 'til we're in our zone they say, go slow and everything just stands so still we say, go go! you're gonna see us rip into just jump up kick back whip around and spin and then we jump back to it again. Ninja-Go! Ninja-Go! come on, come on we're gonna do it again, we just jump up kick back whip around and spin and then we jump back to it again Ninja-Go! Ninja-Go! come on, come on and do the weekend whip yeah! Wednesday mornin' and we soon discover we gotta push our game we slept on Thursday just to get it over, the whip's a day away! they say, go slow! and everything just stands so still we say, go go! you're gonna see us rip into it, just jump up kick back whip around and spin and then we jump back to it again Ninja-Go! Ninja-Go! come on, come on we're gonna do it again, we just jump up kick back whip around and spin and then we jump back to it again Ninja-Go! Ninja-Go! come on, come on and do the weekend whip they say, no no! but we don't wanna sit around no more we say, go go! you're gonna see us rip into it, just jump up kick back whip around and spin and then we jump back to it again

Ninja-Go! Ninja-Go! come on, come on we're gonna do it again, we just jump up kick back whip around and spin and then we jump back to it again Ninja-Go! Ninja-Go! come on, come on and do the weekend whip Ninja-Go! Ninja-Go! come on, come on and do the weekend whip jump up kick back whip around and spin!