

# The Weekend Whip

The Fold

It's time for training and we're getting started-  
it's on, you know  
and we wanna see you whip and shout it  
we rock,  
you roll.  
they say, go slow  
and everything just stands so still  
we say, go go!  
we're ready for the fight, we know the drill  
Monday morning and we feel defeated,  
seems so long ago  
Tuesday's comin' -  
we just keep on beatin  
'til we're in our zone  
they say, go slow  
and everything just stands so still  
we say, go go!  
you're gonna see us rip into  
just jump up kick back whip around and spin  
and then we jump back to it again.  
Ninja-Go!  
Ninja-Go!  
come on, come on  
we're gonna do it again,  
we just jump up kick back whip around and spin  
and then we jump back to it again  
Ninja-Go!  
Ninja-Go!  
come on, come on  
and do the weekend whip yeah!  
Wednesday mornin' and we soon discover  
we gotta push our game  
we slept on Thursday just to get it over,  
the whip's a day away!  
they say, go slow!  
and everything just stands so still  
we say, go go!  
you're gonna see us rip into it,  
just jump up kick back whip around and spin  
and then we jump back to it again  
Ninja-Go!  
Ninja-Go!  
come on, come on  
we're gonna do it again,  
we just  
jump up kick back whip around and spin  
and then we jump back to it again  
Ninja-Go!  
Ninja-Go!  
come on, come on  
and do the weekend whip  
they say, no no!  
but we don't wanna sit around no more  
we say, go go!  
you're gonna see us rip into it,  
just jump up kick back whip around and spin  
and then we jump back to it again

Ninja-Go!  
Ninja-Go!  
come on, come on  
we're gonna do it again,  
we just jump up kick back whip around and spin  
and then we jump back to it again  
Ninja-Go!  
Ninja-Go!  
come on, come on  
and do the weekend whip  
Ninja-Go!  
Ninja-Go!  
come on, come on, come on  
and do the weekend whip  
jump up kick back whip around and spin!