Feel the pull, feel the swing, ain't no value 'Til you treasure it Feel the pull, feel the swing, ain't no value 'Til you treasure it

Tread carefully, leave no tracks behind Move easily, don't stack what you find Breathe deeply, always look ahead Wide open, there's a space time won't touch

Switch back, turn back Switch back, turn back

We'll have our turn to use what we've learned And stand up into the light of our lives So please yourself, feed yourself Take a seat for this coming attraction

When you're feeling insecure, do you treasure it? You should treasure it
Feel the pull of nature's course and treasure it
Treasure it

Switch back, turn back

Feel the pull, feel the swing, ain't no value 'Til you treasure it Feel the pull, feel the swing, ain't no value 'Til you treasure it

Feel the pull, feel the swing, ain't no value 'Til you treasure it
Feel the pull, feel the swing, ain't no value 'Til you treasure it

Switch back, turn back Switch back, turn back

Think positive, leave the negs behind
Move easily, don't stack what you find
Breathe deeply, always look ahead
Wide open, there's a space
I say, wide open there's a space time won't touch

When you're feeling insecure, do you treasure it? I treasure it Feel the pull of nature's course and treasure it Oh, I treasure it

Switch back, turn back

Feel the pull, feel the swing, ain't no value 'Til you treasure it Feel the pull, feel the swing, ain't no value 'Til you treasure it

Feel the pull, feel the swing, ain't no value

'Til you treasure it

Feel the pull, feel the swing, ain't no value

'Til you treasure it

Feel the pull, feel the swing, ain't no value

'Til you treasure it

Feel the pull, feel the swing, ain't no value

'Til you treasure it

Feel the pull, feel the swing, ain't no value

'Til you treasure it