## **Sleep Debt Snatches**

Out of the air sometimes in fitful sleep Snap right up, lean out of the bed Pivot your legs, shake your head, Take an easy breath.

Think how great God's golden assurance is In set-backs and great success Got bad dreams through sleep debt Hold the grip, make a mark on your head, Your body and legs take a rightful rest While you're left to Hell's dispatches Grip the mind, kids, close the hatches Here are some sleep debt snatches.... The Fall